



**AUSTRALIAN
HEALTHCARE**
QUALIFICATIONS & TRAINING

Learner Assessment

Task 2 - Case Study

Unit Code: HLTAAP001

Unit Name: Recognise healthy body systems

Qualification:

Participant Name: _____

Version Control:

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Assessment Information

Unit Code & Title:	HLTAAP001 - Recognise healthy body systems
Unit Descriptor:	This unit describes the skills and knowledge required to work with basic information about the human body and to recognise and promote ways to maintain healthy functioning of the body.
Application of the Unit:	This unit applies to any worker who needs to use and interpret information that includes references to client anatomy and physiology.
Elements:	<ol style="list-style-type: none"> 1. Work with information about the human body 2. Recognise and promote ways to support healthy functioning of the body
Performance Knowledge:	<p>Evidence must be shown of learners' ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:</p> <ul style="list-style-type: none"> • Worked effectively with information about the human body and its healthy functioning in at least 3 different situations
Knowledge Evidence:	<p>The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:</p> <ul style="list-style-type: none"> • Basic structure and functions of the body systems and associated components, including: <ul style="list-style-type: none"> - Cells, tissues and organs - Cardiovascular system - Respiratory system - Musculo-skeletal system - Endocrine system - Digestive system - Urinary system - Reproductive system - Integumentary system - Lymphatic system - Nervous system, including sensory systems – eye and ear - The special senses – smell, taste, vision, equilibrium and hearing - Immune system • Processes, conditions and resources required by the body to support healthy functioning • Body regulation including: <ul style="list-style-type: none"> - Maintenance of body temperature - Fluid and electrolyte (including PH) balance - Elimination of wastes from the body - Maintenance of blood pressure • Protection from infection • Physical activity – active and passive
Assessment Conditions:	<p>Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:</p> <ul style="list-style-type: none"> • Use of suitable facilities, equipment and resources, including client health information • Modelling of industry operating conditions, including integration of problem-solving activities <p>Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.</p>

Instructions to the student

Purpose of this assessment

This Assessment is designed to test your knowledge and skills against the criteria that is required in order for you to work with basic information about the human body and to recognise and promote ways to maintain healthy functioning of the body.

Methods of Assessment

The assessments have been developed in consideration to assessment requirements, learning environment and the expectations by industry.

To be deemed competent in this unit of competency the following assessment requirements must be completed. You must achieve a satisfactory result for each task to be deemed competent in this unit.

Assessment Task 1 – Written Questions – Completion of Written Questions provided in this assessment kit is required to be completed. Assessment Task 1 may be completed within allocated training time or during periods of self-study.

Assessment Task 2 – Case Studies – The Case Study/ies provide an opportunity for you to demonstrate your knowledge and skills aligned to settings that reflect your industry. Written answers to questions relating to the different case studies is required. You are required to read the case studies and answer all the questions satisfactorily. Assessment Task 2 may be completed within allocated class time or during periods of self-study.

Assessment Task 3 – Workplace Project – This practical project provides an opportunity for you to demonstrate your competency in a practical real work setting. You are required to read the project instructions, collect and provide documents and provide answers/information to the items listed in table/space provided. You are to complete the project without the guidance from the Trainer/Assessor. Where you are not able to undertake the practical project in the workplace, your Trainer /Assessor will provide you support by creating a simulated situation. Where a simulated environment has been created your Trainer/Assessor will record this as a reasonable adjustment to the assessment method.

Resources needed for assessment:

- Learner assessment
- Learning material
- Suitable facilities, equipment and resources, including health information about the clients.

What you need to do:

- Complete the activities as described above
- Take a photocopy of your work if you would like to
- Collect all the required evidence and provide to your trainer
- Sign the Assessment Agreement
- Submit the completed assessment kit to your assessor.

If you have any difficulties or there is anything you don't understand, talk with your Trainer/Assessor; they are here to help you. Never be too afraid to ask about anything you don't understand related to safety and do not attempt to complete tasks you are unsure about. You can raise any concerns with your trainer/assessor.

Your assessor will provide you with feedback both verbally and in writing.

Assessment outcomes

Satisfactory – Evidence provided meets the requirements of the assessment method and unit of competency.

Not Satisfactory – Evidence provided does not meet the requirements of the assessment method and unit of competency.

If you have been given a Not Satisfactory assessment outcome you will be given the chance to review with your assessor and discuss the area/s for improvement and time will be elected where you will be required to resubmit the Assessment Workbook as per the assessor's instructions. If you receive a Satisfactory outcome for the individual Assessment Mode, then this outcome will contribute to final judgement of competency for this unit.

Reasonable Adjustment

Special consideration may be applied, and reasonable adjustment given to this assessment, as required. *(See further information in student handbook – Access & Equity and RTO policies and procedures – Assessment Policy).*

Any adjustments made to standard assessment will be documented clearly in assessment kit either at the front of the booklet or in the individual competency record.

Document any adjustments to standard assessment

Reassessment

Where you are found not yet competent, the RTO will provide three further opportunities to achieve competency at no cost. If you request to be re-assessed after the 3 attempts a cost of \$200 per unit will be applied and any attempt thereafter. *(see Assessment Policy for further information).*

Assessment Agreement

An assessment agreement is required to ensure that all students are aware of the process and purpose of an assessment and the requirements that achieve competence in this unit.

Student Full Name:	
Unit Code and Title:	HLTAAP001 - Recognise healthy body systems
Qualification:	

Please tick as appropriate	Yes	No	Comment
The purpose of the assessment has been clearly explained			
Assessment methods and outcomes required have been clearly explained and I understand what is required of me to achieve competency in this unit			
I have been made aware of the Assessment and Appeals Policy			
I have discussed any special needs to be considered during assessment with my assessor			
I understand I have three attempts to complete each task satisfactorily. After three attempts, \$200 per unit will be charged to reassess the unit of competency. If after the fourth attempt I am deemed 'Not Yet Competent', I will be required to do further training before reattempting this unit.			
I give permission for the RTO to use my assignment for assessment moderation / validation purposes.			
<p>I declare that I understand how assessment will take place for this unit.</p> <p>I also understand that work completed towards this assessment must be verifiably my own.</p>			
<p>Student's Name: _____</p> <p>Student's Signature: _____ Date: ____ / ____ / _____</p>			
<p>Assessor's Name: _____</p> <p>Assessor's Signature: _____ Date: ____ / ____ / _____</p>			

Assessment Task 2 - Case study

Assessment description

This assessment is based on a case study for you to read and complete the relevant questions.

Case Study 1

Kim had come into residential aged care following problems with her home care. Marley cares regularly for Kim who is quite an active person. In assisting Kim with showering and dressing each day Marley has noticed that she is becoming slower and more unsteady and she needs more assistance to maintain her balance and to move from the bed to her chair and within the home.

1. What might be the problems with Kim?

Assessor Use Only: Satisfactory response provided

YES NO

2. What might Marley report in the care notes?

Assessor Use Only: Satisfactory response provided

YES NO

3. How might Kim be assisted in care?

Assessor Use Only: Satisfactory response provided

YES NO

Case Study 2

Jacob has come into care with mild dementia. When Jo goes to care for him in the morning, he complains of a pain in his chest that he has had at night. He says he thinks it is indigestion from the dinner the night before. When Jo starts to help Jacob out of bed, she notices he comes out in a cold sweat and is unusually breathless. She decides not to get him up and asks him to describe the pain in his chest. He says it feels like a tightness and although it has not eased it has not become worse. He thinks he developed it in the middle of the night but is not sure. Jo decides to ring for the nurse to come and look at him immediately.

1. Why is Jo worried by the symptoms in Jacob?

Assessor Use Only: Satisfactory response provided

YES NO

2. What are the various warning signs and symptoms of heart problems that aged care workers should be aware of in clients?

Assessor Use Only: Satisfactory response provided

YES NO

3. Did Jo follow good practice? Explain your answer.

Assessor Use Only: Satisfactory response provided

YES NO

4. What other body systems are being affected by the symptoms?

Assessor Use Only: Satisfactory response provided

YES NO

Case Study 3

Mr Bruce Curry is a resident at your facility. He has just returned from hospital post R) THR (Right Total Hip Replacement) and is currently undergoing rehabilitation. It is Day 2 since his discharge from the hospital and Mr Curry has not made any attempt to exercise. The goal is for Mr Curry to resume his normal activities of daily living prior to his surgery. The nursing staff have also noted that Mr Curry is not devouring his meals which is quite unusual and has been withdrawn. The nursing staff also suspect an infected wound site due to purulent discharge oozing from the wound and offensive odour.

1. What factors are impacting on Mr Curry's overall state of health?

Assessor Use Only: Satisfactory response provided

YES NO

2. What is the relationship between the body systems in Mr Curry's situation to support healthy functioning?

Assessor Use Only: Satisfactory response provided

YES NO

Case Study 4

Jack is 75 and has come into care following heart problems, high blood pressure and following the death of his wife two months ago. He has lost a lot of weight; he complains frequently of headaches, is irritable and wanders at night as he has trouble sleeping.

1. How might Jack's mental and physical health be linked?

Assessor Use Only: Satisfactory response provided

YES NO

2. What body systems are being affected in this situation?

Assessor Use Only: Satisfactory response provided

YES NO

3. How might Jack be helped in care?

Assessor Use Only: Satisfactory response provided

YES NO

Case Study 5

Jean is an 86-year-old lady who has just entered age care following a stroke and loss of use of her right arm. She has irregular heart beat related to a hole in the heart at birth and the patching of it in later life. She has had bowel and breast cancer, but both were treated in the early stages and she is cancer free at present.

She needs help in all areas of personal care and although cooperative with carers will not do anything to help herself. She is very withdrawn and does not like to come out of her room, does not talk to anyone except staff and her family. She cries frequently and constantly fiddles with things with her good hand. She is constantly complaining no one comes to see her even though her family and friends come regularly, and she has a visitor almost every day

Dorothy cares for her quite often and is very fond of her. She is a gentle and intelligent person but seems overwhelmed by all the losses in her life including her home, her mobility and her independence. Jean has started complaining of bad headaches, has frequent nausea and has lost weight but the doctor can find nothing physical to contribute to the symptoms.

1. What might be a possible cause of the symptoms Jean is suffering?

Possible causes of symptoms may be:

Assessor Use Only: Satisfactory response provided

YES NO

1b. How might Jean be helped?

Assessor Use Only: Satisfactory response provided

YES NO

2. In relation to the loss of movement on her right side, how will carers assist her to function as well as possible?

Assessor Use Only: Satisfactory response provided YES NO

2b. How would active or passive activity benefit this resident?

Assessor Use Only: Satisfactory response provided YES NO

3. What body system/s is involved in stroke?

Assessor Use Only: Satisfactory response provided YES NO

4. What happens during a stroke?

Assessor Use Only: Satisfactory response provided YES NO

5. What existing physical problems does Jean have that might be related to her stroke?

Assessor Use Only: Satisfactory response provided YES NO

Case Study 6

Jessie Brown who usually enjoys her food has complained about the food. She says for the past few days the food hasn't tasted right, and it smells funny. She also complains about being thirsty all the time. This is quite unusual for Jessie, as she is always a good eater. Jessie has also complained about being cold.

1. What could be the reason for this change?

Assessor Use Only: Satisfactory response provided

YES NO

2. What systems is being affected in this situation?

Assessor Use Only: Satisfactory response provided

YES NO

3. What actions would staff need to take.

Assessor Use Only: Satisfactory response provided

YES NO

Case Study 7

Rosemary has started hallucinating and seeing mother Mary in the corner of the room. She is usually compliant and calm however, there has been a change in her behaviour, and she has become quite anxious and at times expressing violence. Rosemary has been refusing to go to the toilet, when urinating her urine is offensive in smell and dark in colour. A colleague has advised that during her visit, she suddenly began speaking in Italian and wouldn't speak in English and has started to become violent. The staff have said that whilst she knows Italian, Rosemary has always spoken in English.

1. What system/s could be causing these behavioural changes?

Assessor Use Only: Satisfactory response provided

YES NO

Case Study 8

John has been diagnosed with scabies and has been put in to quarantine.

1. What precautions do you put in place when treating John?

Assessor Use Only: Satisfactory response provided

YES NO

2. What body system will be affected by this diagnosis

Assessor Use Only: Satisfactory response provided

YES NO

Case studies Assessment Record

HLTAAP001	Recognise healthy body systems
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Reasonable Adjustments made			
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Assessment activity Task 2 – Case Study	Satisfactory	Not Satisfactory	Assessor Initials
Date: ___ / ___ / _____			

Assessment Guide

Satisfactory	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is satisfied that all requirements have been met.
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Not Satisfactory	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is not satisfied that all requirements have been met.
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Re- Assessment

___ / ___ / _____			
___ / ___ / _____			
___ / ___ / _____			
___ / ___ / _____			

Unit Code & Title:	HLTAAP001 - Recognise healthy body systems
Student Name:	
Assessment Strategies:	Satisfactory Unsatisfactory
	Assessment Task 2 - Case Study
Student Feedback:	
Assessment Result:	<p>The participant is COMPETENT</p> <p>The participant is NOT YET COMPETENT</p>
Assessor Declaration:	<p>Evidence of Competency is:</p> <p>Valid Authentic Sufficient Current</p> <p>All the above assessment modes have been met</p> <p>The assessment has been modified due to Reasonable Adjustment (see below)</p> <p>Gaps in performance were identified and reassessment completed (as per record of results)</p> <p>Feedback given to student: Written (above) Email (attached)</p>
Assessor's Name:	
Assessor's Signature:	Date: ____ / ____ / _____