



**AUSTRALIAN
HEALTHCARE**
QUALIFICATIONS & TRAINING

Learner Assessment

Task 1 – Written Questions

Unit Code: CHCPAL001

Unit Name: Deliver care service using a palliative approach

Qualification:

Participant Name: _____

Version Control:

Please Note: All care has been taken to ensure this document is of the highest quality at the time of publication. The authors, editors, and publishers will not be responsible for any actions taken on the basis of this documentation, nor for any errors or omissions, or for the results obtained from the use of such information.

Contents

Assessment Information	2
Instructions to the student.....	4
Assessment Agreement.....	6
Assessment Task 1 - Written questions.....	7

Assessment Information

Unit Code & Title:	CHCPAL001 – Deliver Care services using a palliative approach
Unit Descriptor:	This unit describes the skills and knowledge required to care for people with life-threatening or life-limiting illness and/or normal ageing process within a palliative approach.
Application of the Unit:	This unit applies to workers in a residential or community context. Work performed requires some discretion and judgement and is carried out under regular direct or indirect supervision.
Elements:	<ol style="list-style-type: none"> 1. Apply principals and aims of a palliative approach when supporting individuals 2. Respect the person’s preferences for quality of life choices 3. Follow the person’s advance care directives in the care plan 4. Respond to signs of pain and other symptoms 5. Follow end-of-life care strategies 6. Manage own emotional responses and ethical issues
Performance Knowledge:	<p>Performance criteria of this unit manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:</p> <ul style="list-style-type: none"> • Supported, reported and documented issues and needs of 3 people in palliative care
Knowledge Evidence:	<p>The Learner must demonstrate the essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:</p> <ul style="list-style-type: none"> • Philosophy, principles, benefits and scope of palliative care • The needs of people dealing with a life-threatening or life-limiting illness and the emotional impact of diagnosis • Cultural, religious and spiritual differences in relation to death and dying • The stages of grief and personal strategies for managing reactions to grief • Advance care directives and end-of-life care strategies • Pain relief and comfort promotion • Nutritional and hydration requirements during a palliative approach • Legal and ethical considerations for working in palliative care, including: <ul style="list-style-type: none"> • Dignity of risk • Duty of care • Human rights • Privacy, confidentiality and disclosure • Work role boundaries – responsibilities and limitations • Relevant policies, protocols and practices of the organisation in relation to the provision of both a palliative approach and palliative care • Responsibilities to self and colleagues • Various signs of imminent death and/or deterioration <ul style="list-style-type: none"> - Communication strategies to build trust, show empathy, demonstrate support and empowers the person, family, carers and/or significant others

**Assessment
Conditions**

Skills must be demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

- Modelling typical workplace conditions, including:
 - Typical workplace documentation and reporting processes
 - Scenarios and simulations in provision of care using a palliative approach in a range of contexts
 - Palliative care plans and equipment and/or resources outlined in plan

Instructions to the student

Purpose of this assessment

This Assessment is designed to test your knowledge and skills against the criteria that is required in order for you to support, report and document issues and needs of 3 people in palliative care in the workplace

Methods of Assessment

The assessments have been developed in consideration to assessment requirements, learning environment and the expectations by industry.

To be deemed competent in this unit of competency the following assessment requirements must be completed. You must achieve a satisfactory result for each task to be deemed competent in this unit.

Assessment Task 1 – Written Questions – The Written Questions provided in this assessment kit is required to be completed. Assessment Task 1 may be completed within allocated training time or during periods of self-study.

Assessment Task 2 – Case Studies – The Case Study/ies provide an opportunity for you to demonstrate your knowledge and skills aligned to settings that reflect your industry. Written answers to questions relating to the different case studies is required. You are required to read the case studies and answer all the questions satisfactorily. Assessment Task 2 may be completed within allocated class time or during periods of self-study.

Assessment Task 3 – Project Scenario – The Project Scenario provide an opportunity for you to demonstrate your knowledge and skills aligned to settings that reflect your industry. Written answers to questions relating to the Scenario is required. You are required to read the Scenario and answer all the questions satisfactorily. Assessment Task 3 may be completed within allocated class time or during periods of self-study.

Resources needed for assessment:

- Learner guide
- Policies and procedures relating to palliative care
- Learning material (which includes simulated environment and related tools and learner guide)
- Palliative care plans
- Equipment and resources outlined in plan

What you need to do:

- Complete the activities as described above
- Take a photo copy of your work if you would like to
- Collect all of the required evidence and provide to your trainer
- Sign the Assessment Agreement
- Submit the completed assessment kit to your assessor.

If you have any difficulties or there is anything you don't understand, talk with your Trainer/Assessor; they are here to help you. Never be too afraid to ask about anything you don't understand related to safety and do not attempt to complete tasks you are unsure about. You can raise any concerns with your trainer/assessor.

Your assessor will provide you with feedback both verbally and in writing.

Assessment outcomes

Satisfactory – Evidence provided meets the requirements of the assessment method and unit of competency

Not Satisfactory – Evidence provided does not meet the requirements of the assessment method and unit of competency.

If you have been given a Not Satisfactory assessment outcome you will be given the chance to review with your assessor and discuss the area/s for improvement and time will be elected where you will be required to resubmit the Assessment Workbook as per the assessor's instructions. If you receive a Satisfactory outcome for the individual Assessment Mode, then this outcome will contribute to final judgement of competency for this unit.

Reasonable Adjustment

Special consideration may be applied, and reasonable adjustment given to this assessment, as required. *(See further information in student handbook – Access & Equity and RTO policies and procedures – Assessment Policy).*

Any adjustments made to standard assessment will be documented clearly in assessment kit either at the front of the booklet or in the individual competency record.

Document any adjustments to standard assessment

Reassessment

Where you are found not yet competent, the RTO will provide three further opportunities to achieve competency at no cost. If you request to be re-assessed after the 3 attempts a cost of \$200 per unit will be applied and any attempt thereafter. *(see Assessment Policy for further information).*

Assessment Agreement

An assessment agreement is required to ensure that all students are aware of the process and purpose of an assessment and the requirements that achieve competence in this unit.

Student Full Name:	
Unit Code and Title:	CHCPAL001 – Deliver care service using palliative approach
Qualification:	

Please tick as appropriate	Yes	No	Comment
The purpose of the assessment has been clearly explained			
Assessment methods and outcomes required have been clearly explained and I understand what is required of me to achieve competency in this unit			
I have been made aware of the Assessment and Appeals Policy			
I have discussed any special needs to be considered during assessment with my assessor			
I understand I have three attempts to complete each task satisfactorily. After three attempts, \$200 per unit will be charged to reassess the unit of competency. If after the fourth attempt I am deemed 'Not Yet Competent', I will be required to do further training before reattempting this unit.			
I give permission for the RTO to use my assignment for assessment moderation / validation purposes.			
I declare that I understand how assessment will take place for this unit. I also understand that work completed towards this assessment must be verifiably my own.			
Student's Name: _____			
Student's Signature: _____		Date: ___ / ___ / _____	
Assessor's Name: _____			
Assessor's Signature: _____		Date: ___ / ___ / _____	

Assessment Task 1 - Written questions

Assessment description

This assessment task requires you to provide answers to the listed written questions.

1. What is a 'palliative approach'?

Assessor Use Only: Satisfactory response provided

YES NO

2. Explain how adopting a holistic approach to care can help to meet needs as they change.

Assessor Use Only: Satisfactory response provided

YES NO

3. In the table below list three (3) strategies the care team can implement to promote an open and safe environment for the individual.

Needs and choices	Strategy
<p>Maintain the individual's social networks and activities</p>	
<p>Support the individual's spiritual needs</p>	
<p>Support the individual's choice of location for their end of life care</p>	
<p>Support an individual from a different cultural background</p>	
<p>Assessor Use Only: Satisfactory response provided YES <input type="radio"/> NO <input type="radio"/></p>	

3B. Research a minimum of three (3) different cultures and provide a brief summary of the differences and how this applied to death and dying.

1.

2.

3.

Assessor Use Only: Satisfactory response provided

YES **NO**

4. Explain how pain management, comfort and dignity are interrelated and how these needs should be identified and reported.

Assessor Use Only: Satisfactory response provided

YES NO

4b. List three (3) strategies that you can apply to assist you have successful communication with others about pain and comfort.

1.

2.

3.

Assessor Use Only: Satisfactory response provided

YES NO

5. List four (4) ways a carer may be impacted throughout providing support to a person in palliative care.

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided YES NO

5b. List four (4) ways you can demonstrate respect and provide support for families and carers?

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided YES NO

6. In 20 words or less, provide a brief overview of how you can apply a non-judgmental approach to care.

Assessor Use Only: Satisfactory response provided

YES NO

7. List three (3) issues that may arise when working in palliative care which are outside the scope of your role.

1.

2.

3.

Assessor Use Only: Satisfactory response provided

YES NO

8. What is an advanced care directive?

Assessor Use Only: Satisfactory response provided

YES **NO**

8b. Who can make a decision for a person when they are no longer capable of doing so themselves?

Assessor Use Only: Satisfactory response provided

YES **NO**

8c. In the table below, identify three (3) advanced care directives and list two (2) ways these comply with legal and ethical considerations.

Advanced care directive	Comply with legal and ethical considerations
<p style="text-align: center;">Medical treatments</p>	
<p style="text-align: center;">Maintaining the individual's wishes</p>	
<p style="text-align: center;">Dealing with conflict</p>	
<p>Assessor Use Only: Satisfactory response provided YES <input type="radio"/> NO <input type="radio"/></p>	

9. Identify five (5) end-of-life choices and decisions a person may make.

1.

2.

3.

4.

5.

Assessor Use Only: Satisfactory response provided

YES **NO**

9b. Give examples of end-of-life decisions that might be documented in a care plan and impact on carers, clients and the client's family.

Assessor Use Only: Satisfactory response provided

YES **NO**

9c. What should you do if a person would like to change their end-of-life requests?

Assessor Use Only: Satisfactory response provided

YES NO

9d. How can you ensure that you remain up to date on any possible changes to care plan?

Assessor Use Only: Satisfactory response provided

YES NO

10. List four (4) things you should consider when assessing an individual's pain.

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided

YES **NO**

10b. Suggest two (2) questions you can ask an individual when assessing pain.

1.

2.

Assessor Use Only: Satisfactory response provided

YES **NO**

10c. In the following table, demonstrate your understanding of the type of pains. Include; symptoms, causes,

Pain Type	Description
Chronic Pain	
Physical pain	

Pain Type	Description
Spiritual Pain	
Emotional Pain	
Assessor Use Only: Satisfactory response provided YES <input type="radio"/> NO <input type="radio"/>	

10d. Identify four (4) strategies you would use to manage pain and promote comfort for a person receiving palliative care.

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided **YES** **NO**

10e. List three (3) misconceptions surrounding pain relief.

1.

2.

3.

Assessor Use Only: Satisfactory response provided **YES** **NO**

10f. Identify four (4) ways you can evaluate the effectiveness of a pain management strategy.

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided

YES **NO**

10g. Identify two (2) issues you may come across when providing/administering food and fluids to individuals receiving palliative care (including issues involving the families of the individuals receiving palliative care).

1.

2.

Assessor Use Only: Satisfactory response provided

YES **NO**

10h. Identify two (2) observations you could make in relation to an individual's hydration and nutrition (i.e. which indicate deterioration in their health or, in their ability to eat or drink or process food and fluids).

1.

2.

Assessor Use Only: Satisfactory response provided

YES **NO**

10i. Identify two (2) comfort measures that may be implemented once an individual can no longer eat or drink.

1.

2.

Assessor Use Only: Satisfactory response provided

YES **NO**

10j. What restrictions are in place in regards to administering opioid medications?

Assessor Use Only: Satisfactory response provided

YES **NO**

11. Identify four (4) factors that contribute to an individual's sense of dignity.

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided YES NO

11b. List four (4) ways you can maintain the persons dignity throughout end of life care.

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided YES NO

11c. List four (4) ways you can maintain the dignity of the person immediately following their death.

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided **YES** **NO**

12. List five (5) signs of imminent death/ deterioration.

1.

2.

3.

4.

5.

Assessor Use Only: Satisfactory response provided **YES** **NO**

12b. List a minimum of seven (7) symptoms of death.

1.

2.

3.

4.

5.

6.

7.

Assessor Use Only: Satisfactory response provided

YES **NO**

13. What sort of support might be needed by the family of a deceased client?

Assessor Use Only: Satisfactory response provided

YES **NO**

14. Identify four (4) areas covered by policies and procedures for managing emotional responses.

1.

2.

3.

4.

Assessor Use Only: Satisfactory response provided YES NO

15. In the table below:

- Identify (3) emotional responses to death and dying
- Discuss the impacts of this response
- Identify one strategy you can use to manage your reaction to grief

Emotional response	Impact of emotional response	Coping strategy
Assessor Use Only: Satisfactory response provided YES <input type="radio"/> NO <input type="radio"/>		

15b. If you are experiencing grief, who might this impact and describe how?

Assessor Use Only: Satisfactory response provided

YES **NO**

15c. Identify the types of bereavement care and support that might be available to you.

Assessor Use Only: Satisfactory response provided

YES **NO**

15d. What support might you offer a colleague who is struggling with the death of an individual?

Assessor Use Only: Satisfactory response provided **YES** **NO**

16. Describe how ethical issues may be present in palliative care.

Assessor Use Only: Satisfactory response provided **YES** **NO**

16b. What actions do you take if you have an ethical issue or concern in your role?

Assessor Use Only: Satisfactory response provided **YES** **NO**

17. In a minimum of 100 words, write the benefits of palliative care. Include palliative philosophy and the scope of palliative care.

Assessor Use Only: Satisfactory response provided

YES NO

Written Questions Assessment Record

CHCPAL001	Deliver care services using a palliative approach
------------------	--

Reasonable Adjustments made			
------------------------------------	--	--	--

Assessment activity Task 1 – Written Questions	Satisfactory	Not Satisfactory	Assessor Initials
Date: ___ / ___ / _____	<input type="checkbox"/>	<input type="checkbox"/>	

Assessment Guide

Satisfactory	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is satisfied that all requirements have been met.
Not Satisfactory	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is not satisfied that all requirements have been met.

Re- Assessment

___ / ___ / _____	<input type="checkbox"/>	<input type="checkbox"/>	
___ / ___ / _____	<input type="checkbox"/>	<input type="checkbox"/>	
___ / ___ / _____	<input type="checkbox"/>	<input type="checkbox"/>	
___ / ___ / _____	<input type="checkbox"/>	<input type="checkbox"/>	

Competency Record

Unit Code & Title:	CHCPAL001 – Deliver care services using a palliative approach
Student Name:	
Assessment Strategies:	Satisfactory Unsatisfactory
Student Feedback:	Assessment Task 1 - Written Questions
Assessment Result	<p>The participant is COMPETENT</p> <p>The participant is NOT YET COMPETENT</p>
Assessor Declaration:	<p>Evidence of Competency is:</p> <p>Valid Authentic Sufficient Current</p> <p>All the above assessment modes have been met</p> <p>The assessment has been modified due to Reasonable Adjustment (see below)</p> <p>Gaps in performance were identified and reassessment completed (as per record of results)</p> <p>Feedback given to student: Written (above) Email (attached)</p>
Assessor's Name:	
Assessor's Signature:	Date: ____ / ____ / _____