



**AUSTRALIAN
HEALTHCARE**
QUALIFICATIONS & TRAINING

Learner Assessment

Task 1 – Written Questions

Unit Code: CHCAGE002

Unit Name: Implement falls prevention strategies

Qualification:

Participant Name: _____

Version Control:

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Assessment Information

Unit Code & Title:	CHCAGE002 Implement falls prevention strategies
Unit Descriptor:	This unit describes the skills and knowledge required to work in partnership with older people and their carer/s to implement strategies to minimise the risk of falls.
Application of the Unit:	This unit applies to support workers in a residential or community context. Work performed requires some discretion and judgement and may be carried out under regular direct or indirect supervision.
Elements:	<ol style="list-style-type: none"> 1. Prepare to implement falls prevention strategies 2. Identify potential risk of falls 3. Implement falls prevention strategies 4. Monitor falls prevention strategies
Performance Knowledge:	<p>The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:</p> <ul style="list-style-type: none"> • Implemented falls prevention strategies for at least 2 older people and monitored and evaluated those strategies in a collaborative, positive and respectful manner
Knowledge Evidence:	<p>The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:</p> <ul style="list-style-type: none"> • The ageing process and how it might affect the risk of falls • Factors, including stroke, contributing to the risk of falls and their impact on older people and their carers • Normal posture, gait and balance and how to recognise deviations • Medical causes of falls, including stroke and how to recognise signs of those causes • The physical and psychological effects of falls on older people and their carers • Falls prevention strategies and indicators of when a strategy should be halted • Legal and ethical considerations for working with older people, including: <ul style="list-style-type: none"> - Duty of care - Human rights - Privacy, confidentiality and disclosure - Work health and safety • Documentation requirements including the importance of accurate, objective and appropriately detailed records
Assessment Conditions:	<p>Skills must have been demonstrated in an ageing support workplace with the addition of simulations and scenarios where the full range of contexts and situations have not been provided in the workplace. These are situations relating to emergency or unplanned procedures where assessment in these circumstances would be unsafe, impractical or threatens the dignity of the older person. The following conditions must be met for this units:</p> <ul style="list-style-type: none"> • Use of suitable facilities, equipment and resources, including: <ul style="list-style-type: none"> - Relevant risk assessment tools - Relevant organisation policies and procedures <p>Overall, assessment must involve workplace interactions with older people, colleagues and families/carers.</p>

Instructions to the student

Purpose of this assessment

This Assessment is designed to test your knowledge and skills against the criteria that is required in order for you to work in partnership with older people and their carer/s to implement strategies to minimise the risk of falls. In addition, the assessment needs to provide evidence of the student's ability to develop strategies for networking and collaboration for at least 1 organisation and work collaboratively with external individuals or groups in at least 3 different service delivery situations.

Methods of Assessment

The assessments have been developed in consideration to assessment requirements, learning environment and the expectations by industry.

To be deemed competent in this unit of competency the following assessment requirements must be completed. You must achieve a satisfactory result for each task to be deemed competent in this unit.

Assessment Task 1 – Written Questions – The Written Questions provided in this assessment kit is required to be completed. Assessment Task 1 may be completed within allocated training time or during periods of self-study.

Assessment Task 2 – Case Studies – The Case Study/ies provide an opportunity for you to demonstrate your knowledge and skills aligned to settings that reflect your industry. Written answers to questions relating to the different case studies is required. You are required to read the case studies and answer all the questions satisfactorily. Assessment Task 2 may be completed within allocated class time or during periods of self-study.

Assessment Task 3 – Workplace Project – This practical project provides an opportunity for you to demonstrate your competency in a practical real work setting. You are required to read the project instructions This may include; collecting and providing documents, providing answers/information to the items listed and/or providing answers to written questions. You are to complete the project without the guidance from the Trainer/Assessor. Where you are not able to undertake the practical project in the workplace, your Trainer /Assessor will provide you support by creating a simulated situation. Where a simulated environment has been created your Trainer/Assessor will record this as a reasonable adjustment to the assessment method.

Resources needed for assessment:

- Policies and procedures
- Learning material
- Information relating to peak bodies, network groups and web-based network services

What you need to do:

- Complete the activities as described above
- Take a photo copy of your work if you would like to
- Collect all of the required evidence and provide to your trainer
- Sign the Assessment Agreement
- Submit the completed assessment kit to your assessor.

If you have any difficulties or there is anything you don't understand, talk with your Trainer/Assessor; they are here to help you. Never be too afraid to ask about anything you don't understand related to safety and do not attempt to complete tasks you are unsure about. You can raise any concerns with your trainer/assessor.

Your assessor will provide you with feedback both verbally and in writing.

Assessment outcomes

Satisfactory – Evidence provided meets the requirements of the assessment method and unit of competency

Not Satisfactory – Evidence provided does not meet the requirements of the assessment method and unit of competency.

If you have been given a Not Satisfactory assessment outcome you will be given the chance to review with your assessor and discuss the area/s for improvement and time will be elected where you will be required to resubmit the Assessment Workbook as per the assessor's instructions. If you receive a Satisfactory outcome for the individual Assessment Mode, then this outcome will contribute to final judgement of competency for this unit.

Reasonable Adjustment

Special consideration may be applied, and reasonable adjustment given to this assessment, as required. *(See further information in student handbook – Access & Equity and RTO policies and procedures – Assessment Policy).*

Any adjustments made to standard assessment will be documented clearly in assessment kit either at the front of the booklet or in the individual competency record.

Document any adjustments to standard assessment

Reassessment

Where you are found not yet competent, the RTO will provide three further opportunities to achieve competency at no cost. If you request to be re-assessed after the 3 attempts a cost of \$200 per unit will be applied and any attempt thereafter. *(see Assessment Policy for further information).*

Assessment Agreement

An assessment agreement is required to ensure that all students are aware of the process and purpose of an assessment and the requirements that achieve competence in this unit.

Student Full Name:	
Unit Code and Title:	CHCAGE002 – implement falls prevention strategies
Qualification:	

Please tick as appropriate	Yes	No	Comment
The purpose of the assessment has been clearly explained			
Assessment methods and outcomes required have been clearly explained and I understand what is required of me to achieve competency in this unit			
I have been made aware of the Assessment and Appeals Policy			
I have discussed any special needs to be considered during assessment with my assessor			
I understand I have three attempts to complete each task satisfactorily. After three attempts, \$200 per unit will be charged to reassess the unit of competency. If after the fourth attempt I am deemed 'Not Yet Competent', I will be required to do further training before reattempting this unit.			
I give permission for the RTO to use my assignment for assessment moderation / validation purposes.			
<p>I declare that I understand how assessment will take place for this unit.</p> <p>I also understand that work completed towards this assessment must be verifiably my own.</p>			
<p>Student's Name: _____</p> <p>Student's Signature: _____ Date: ____ / ____ / _____</p>			
<p>Assessor's Name: _____</p> <p>Assessor's Signature: _____ Date: ____ / ____ / _____</p>			

Assessment Task 1 - Written questions

Assessment description

This assessment task requires you to provide answers to the listed written questions.

1. Describe how an aged care worker could prepare for an assessment of the risk of falls for an older person.

Assessor Use Only: Satisfactory response provided

YES NO

2. Once the assessment has been completed and information obtained how should workers communicate with the older person and their carer and what information should be provided?

Assessor Use Only: Satisfactory response provided

YES NO

3. Why is it necessary to gain the persons permission, cooperation and commitment when preparing to implement falls prevention strategies, and what actions can you take to gain this?

Assessor Use Only: Satisfactory response provided

YES **NO**

4. What should staff consider when conducting an assessment of the risk of falls?

Assessor Use Only: Satisfactory response provided

YES **NO**

5. List a minimum of three (3) factors that might affect the level of risk under the following headings;

- Lifestyle
- Health
- Mobility

Lifestyle	
1.	
2.	
3.	
Health	
1.	
2.	
3.	
Mobility	
1.	
2.	
3.	
Assessor Use Only: Satisfactory response provided YES <input type="radio"/> NO <input type="radio"/>	

5b. Describe two (2) physical effects a fall can have on an older person and their carer.

1.

2.

Assessor Use Only: Satisfactory response provided YES NO

5c. Describe two (2) psychological effects a fall can have on an older person and their carer.

1.

2.

Assessor Use Only: Satisfactory response provided YES NO

5d. What tools and methods can you apply within the scope of your role that can assist in determining the older persons physical indicators of risk of falls?

Assessor Use Only: Satisfactory response provided

YES NO

5e. Describe elements that would be considered normal posture, gait and balance. What symptoms could suggest that an individual's health has changed in this area?

Assessor Use Only: Satisfactory response provided **YES** **NO**

6. List an example of an older person's need, issue or concern that is outside of your scope of practice. Describe the steps you would take to address this situation.

Assessor Use Only: Satisfactory response provided **YES** **NO**

7. Describe what steps you would take to ensure that falls prevention strategies implemented would remain successful.

Assessor Use Only: Satisfactory response provided

YES NO

7b. What type of indicators would you need to see in order to cease and change the fall prevention strategy implemented?

Assessor Use Only: Satisfactory response provided

YES NO

8. Describe how staff might monitor fall minimisation strategies implemented.

Assessor Use Only: Satisfactory response provided YES NO

9. What are the benefits of investing in fall prevention?

Assessor Use Only: Satisfactory response provided YES NO

9b. Why is sharing and celebrating positive results from the implementation of fall prevention strategies important?

Assessor Use Only: Satisfactory response provided

YES **NO**

10. Describe how staff might continue to monitor fall minimisation strategies.

Assessor Use Only: Satisfactory response provided

YES **NO**

11. List three (3) indicators that could be a contributing factor to increasing the risk of a fall.

1.

2.

3.

Assessor Use Only: Satisfactory response provided YES NO

12. Describe a situation where you might be required to refer the person to another service provider. Who would you consult with and what actions would be taken?

Assessor Use Only: Satisfactory response provided YES NO

13. What do staff need to consider when completing documentation pertaining to falls prevention strategies?

Assessor Use Only: Satisfactory response provided

YES **NO**

14. Describe in your own words (between 50 and 100 words) the legal and ethical considerations you will need to apply when working with individuals and key stakeholders to implement fall prevention strategies.

Assessor Use Only: Satisfactory response provided

YES **NO**

CHCAGE002	Implement falls prevention strategies
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Reasonable Adjustments made			
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Assessment activity Task 1 – Written Questions	Satisfactory	Not Satisfactory	Assessor Initials
Date: ___ / ___ / _____	<input type="checkbox"/>	<input type="checkbox"/>	

Assessment Guide

Satisfactory	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is satisfied that all requirements have been met.
Not Satisfactory	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is not satisfied that all requirements have been met.

Re- Assessment

___ / ___ / _____			
___ / ___ / _____			
___ / ___ / _____			
___ / ___ / _____			

Competency Record

Unit Title & Code:	CHCAGE002 – Implement falls prevention strategies
Student Name:	
Assessment Strategies:	<p style="text-align: right;">Satisfactory Unsatisfactory</p> <p>Assessment Task 1 - Written Questions</p>
Student Feedback:	
Assessment Result:	<p>The participant is COMPETENT</p> <p>The participant is NOT YET COMPETENT</p>
Assessor Declaration:	<p>Evidence of Competency is:</p> <p>Valid Authentic Sufficient Current</p> <p>All the above assessment modes have been met</p> <p>The assessment has been modified due to Reasonable Adjustment (see below)</p> <p>Gaps in performance were identified and reassessment completed (as per record of results)</p> <p>Feedback given to student: Written (above) Email (attached)</p>
Assessor's Name:	
Assessor's Signature:	Date: ____ / ____ / _____